

The Abingtons and Hildersham News



www.theabingtons.org.uk

January 2017



Photo by Tony Collett

Abington Churches' Christmas Fayre 26 November 2016 brought happy customers to the café Village information (continued inside back cover)

Name	Address	Number
Contributions for the News to:		
Valerie Silvey (Editor)	news@theabingtons.org.uk	891 882
Jennifer Hirsh	Jennifer@hirsh.com	893 352
Village website	www.theabingtons.org.uk	030 002
Churches	www.tricabingtoris.org.ak	
Church of England	Contact churchwardens – details on	
_		
Interregnum Roman Catholic	page 20	
	anhaamhridga @gmail aam	244 225
Revd Father Philip John	sphcambridge@gmail.com	211 235
URC Minister	3 High Street Sawston	07814 920 187
Revd Bruce Waldron	CB22 4BG	day off Sat
Parish Councils		
Great Abington		
Bernie Talbot (Chairman)	63 Mortlock Gardens	892 647
Pennie Zimmern (Vice-chairman)	Hall Farm House, High Street	891 996
Liz Sainsbury	78 High Street	891 741
Stephen Johnson	windylea@talktalk.net	891 735
Gaynor Farrant	9 Bourn Bridge Road	892 871
Louise Patten	77 Mortlock Gardens	894 886
Jane Bowen	8 Chalky Road	891 137
Paula Harper (Parish Clerk)	17 Lewis Crescent	892 000
	harper802@btinternet.com	
Little Abington		
Peter Brunning (Chairman)	47 Church Lane	891 960
John Ellis	6 Church Lane	07802 537 513
Paul Pritchard (Vice chair)	9 West Field	07907 938 219
Kate Scoffings	49 Cambridge Road	07706 975 564
Sally Simmons	29 West Field	07725 194 298
Dennis Lightning	3 Church Close	07970 299 535
Ewan Adams	36A Church Lane	07740 709 233
Genevieve Dalton (Parish Clerk)	27 West Field:	893 332
	clerk@littleabington.clara.co.uk	
Hildersham	www.hildersham.org.uk/parish.htm	
Jean Kelly (Chairman)	The Stables	891 296
Cathy Earl	cathyearl@hotmail.com	
Mark Logan	mark.j.logan@bt.com	891 897
Darren Long	dgl@yahoo.com	890 969
John Myer	'Woodside',Hildersham	892 848
Paula Harper (Parish Clerk)	harper802@btinternet.com	892 000
SCDC and CCC Councillors		
Tony Orgee (SCDC) Abington	8 Bourn Bridge Road	891 464
Peter Topping (CCC) Abington	peter.topping@cambridgeshire.gov.uk	07825 876 582
Trisha Bear (SCDC) Hildersham	16 Emson Close, Linton	892 656
Henry Batchelor (SCDC)Hildersham	Cllr.batchelor@scambs.gov.uk	892 111
Roger Hickford(CCC)Hildersham	roger.hickford@cambridgeshire.gov.uk	890 770
John Batchelor (SCDC) Hildersham	1 The Maltings, Linton	892 111

Don't forget: Police Numbers 999 for emergencies; otherwise 101
The *News* is generously printed free for the community by TWI, Granta Park.

Letter from the Editor

Christmas was celebrated in style with the Advent Concert (page 5), splendid carol services at Hildersham and Abington, school carols and nativity plays. Many thanks to all who ran or supported these events and the GLAMs carol singing at Abington Woods. Thanks are also due to the organisers and supporters of the highly successful Christmas Fayre (cover photo and page 6).

We have passed the shortest day and at the turn of the year can look forward to slowly lengthening days and the first green shoots from the bulbs we have planted.

Lest the weather becomes seasonably cold please note that there will be a community oil order very early in January (see this page).

The diary pages (10-11) show a resumption of most activities amongst which the January lunch of traditional roast beef must rate highly (page 15). Watch out too for the showing of the classic film Genevieve at Hildersham on 27 January – a treat not to be missed (page 8). The Partridge Group has a programme of thought-provoking talks each week, starting on Wednesday 11 January (page 12).

Little Abington Parish Council points to some aspects of the village environment which have been less than satisfactory, including some pollution of the river (page 7). Great Abington Parish Council prompts us to help neighbours who may be in difficulties in the winter weather, and also asks for ideas on how to spend some funds to the benefit of the community – food for thought and action (page 13).

The New Year will see further development of the UK approach to leaving the EU. The unexpected election of Donald Trump as US President and the sorry legacy of wars in Syria and the Yemen bring new and unpredictable challenges. Despite difficulties internationally, may we continue to promote the strong and beneficial community spirit that has served us well.

Best wishes for a happy and healthy 2017.

Valerie Silvey

Contents

From the Seven churches, URC	4	Contacts, Mobile Library, Film nights,	12
Services, Poppy Appeal total		Partridge Group,	
News from the Pews	5	Great Abington Parish Council,	13
Christmas Fayre 2016	6	PPF events in January	14
Little Abington Parish Council	7		15
Hildersham Focus,	8	Abington Lunch, WI, Scrabble, Reading	15
Hildersham Parish Council, Linton	9	Group, FGMN, Gardening Club, Walking	16
Village College		Group	
Diary Dates, Wheelie bins, Café,	10	INR Clinic, Bus pass renewal, Fire Service,	17
contacts	11	Recycling, Injured Wildlife, Healthwatch	18

Articles for the February edition of *The Abingtons and Hildersham News* should be sent to the Editor by Sunday 15 January 2017 at news@theabingtons.org.uk Photos welcome.

Community Oil Order

Rod Willcox will be taking orders for domestic heating oil from 19 December to 29 December. He will then negotiate a deal and expect oil deliveries on or about 3 January 2017. Please let him know the quantity of oil you want and also supply your name, address, post code, and phone number Contact rodwillcox@hotmail.co.uk or by phone 07767 686 351.

From the Seven churches

On behalf of the Ministry team of our group of Seven Churches I send our greetings and best wishes to everyone for a Happy New Year!

During the autumn all our churches have been busily composing the Profile, the document required by Ely Diocese as we search for our new Priest-in-charge, to replace Dr. Julie Norris. That search, using the Profile, is now just about to begin. The good news is that Canon Jessica Martin who left the Duxford group of parishes in August at the same time as Julie left us, has been replaced with the appointment of the Revd Petra Shakeshaft. Also the vacancy for an assistant priest in the Linton group of churches has now been filled by the appointment of the Revd. Dr. Ian Fisher.

This doesn't mean that we will expect an appointment very soon, but it certainly brought cheer to the members of our team of clergy and lay ministers as we survived the Christmas rush!

In an earlier letter I explained the history of our group of churches. We came together in 2009 when the Bishop of Ely agreed that Julie Norris could become Priest-in-charge, bringing together in a single group the four churches of the Balsham group and the group of three churches, the two Abington churches and Hildersham, as a full-time post.

Under Julie's ministry and hard work we have grown together and a great deal has been achieved in improving the churches as centres equipped for use by everyone in our villages. This was well demonstrated in the time between Remembrance Sunday and Christmas when so many people took part in our services. Further good news is that as a result of a lot of hard work and fund-raising the people of St. Andrew's West Wratting have managed to organise the repairs to their church roof after the tragic lead theft last April. There has been amazing generosity both from individuals and charities. The St. Andrew's Church Council have done an amazing job.

So we send you our greetings for 2017. May it be a good year for us all, and especially may it bring us our new priest to carry on the work begun by Julie.

Keith Johnson

Little Abington United Reformed Church

We would like to wish you all a very happy and healthy New Year. A warm welcome awaits those who come to share our worship at the Sunday services.

1January	10.15am	Mrs Liz Wade
8 January	10.15am	Mr Richard Lewney
15 January	2.30pm	Revd Bruce Waldron with Holy Communion
22 January	10.15am	Mrs Mary Whittle
29 January	10.15am	Revd Alex Jacobs

For more information please contact Lynne on 893 295.

Royal British Legion Poppy Appeal 2016

The final total for the appeal came to £2704.12, a magnificent effort and my thanks to all who contributed in any way.

Kay Harman, Poppy Appeal Organiser, Babraham, Abingtons & Hildersham

News from the Pews

The Epiphany on 6 January, the Twelfth Night after Christmas, is traditionally the time to take down the decorations, except for the Nativity scenes which stay until Candlemas on 2 February.

Great Abington church celebrated its first fundraising event with an Advent Concert on 3 December. The crowded church was entertained most admirably by members of our community and everyone admired the new facilities. The PCC wish to thank all the performers for giving their time and, indeed, their talents to help raise money for the church. Our thanks also to The Three Tuns for supporting the event, and to TWI for printing the posters and flyers.









Photos by Gill Talbot. General view of church with choir, singers left to right, Catherine Condie, Dave Talbot, Nick Rumble

On the following Sunday (with slight rearrangement of the pews) we held a Messy Church and our annual Christingle Service, that was again very well attended. The children enjoyed various crafts including making their Christingles, followed by a delicious tea.

It was so good to see our church so busy and filled with fun and laughter for two days. Sincere thanks to all those who made these events possible.

The church annual Christmas Fayre was, once more, thankfully very well attended. Father Christmas caused great excitement amongst the children and we thank him for his visit (see cover photo and page 6). We wish to thank all those who helped on this day to make it such a successful event.

Great Abington Church will be compiling the 2017 flower rota in the New Year. If you **do not** wish to be on the rota please contact Anne. Thank you.

For church services throughout January please see page 20.

Charity for the month – Winter Comfort. A Cambridge based charity for the homeless – a sad situation we can all recognise in our city.

You may leave a donation in our charity boxes throughout the week. Thank you.

Anne Hall

Abington Churches' Christmas Fayre Saturday 26 November 2016

The Fayre was very well attended and also kept the Café busy (see cover photo).

Warm thanks are due to the following people who ran stalls:

Judy Hamper and Emma Jones (Plants), Diana Wingfield (Books), Len Mead (Bottle Tombola), Shirley Linklater (Bric-a-brac and jewellery), Sally Turnidge (Cakes), Freda Orgee (Freda's pantry), Marilyn Broadhurst (Gifts), Tony Collett (Raffle), Anne Hall (Toys) and Sue Toates (Refreshments).

Father Christmas was welcomed when he spent some time at the Fayre.

The raffle prizes were splendid, the tombola was amply supplied with donated bottles and the cakes were, as usual, a great attraction. All in all an enjoyable few hours and a very good sum raised for the churches, so thank you everyone who helped or attended and spent money!

Photos by Tony Collett (TC) and Valerie Silvey (VS).

Plant stall in the capable hands of Judy Hamper and Emma Jones (TC)



Freda's pantry (TC)



Raffle tickets for sale (VS)



Little Abington Parish Council A Quality Parish Council

AWARD SCHEME
FOUNDATION

Village news: The parish council has made its annual donation to the Bobby Scheme which supports victims of crime and it agreed an annual donation to the parish/community nurse scheme in its first three years of

operation.

Village environment: The recent contamination of the river is now hopefully behind us – we will all of course be keeping an eye on the river as it is such a vital part of the village fabric.

There has been a complaint that the bus shelters are not being swept and the traffic island is unkempt. The maintenance contractor and the highways department will be notified and reminded of their responsibilities.

Once again the drains in the High Street were not cleared. This will also be reported. At this time of year, with leaves fallen and high winds likely, it's important to remain vigilant and proactive with regard to trees and hedges. Circle Wherry has been contacted to establish a regular maintenance schedule. Mr Lightning has agreed to take over responsibility for the Village Maintenance Contract with CGM.

The Recreation Ground committee is working with the school on a proposal for an off-road bike 'pump track' on the southern edge. The western boundary of the Recreation Ground will shortly be tidied up.

Highways and traffic: As part of the Local Highways Improvement scheme road safety initiatives are being considered for Great Abington. The issue is the safety for crossing outside the school rather than speeding traffic. There was a lengthy discussion about possible solutions. Nothing is yet approved but LAPC will take part in a jointly agreed proposal.

Planning applications: Local development plan: The parish council's response to challenges on the designation of Local Green Spaces (Abington Woods i.e. the former Scout Camp and meadow in Church Lane, Bancroft farm farmyard) was noted.

Proposed Housing developments: A small housing development on the brownfield site at Bancroft farm would run at a different pace to the proposals for Linton Road. Also the housing development at the southern end of High Street, Great Abington has now been agreed.

Cambridge International School has not yet made any notable progress on their planning application.

Parish Council: Mr Dennis Lightning was co-opted to join the Parish Council to fill the vacancy left following Mr Chesham's resignation.

The precept has been increased by 2% for 2017-18. This represents a 2.4% increase for a property in Council Tax Band D (£1.54 pa or less than 3p per week).

Little Abington Parish Council Meetings

Abington Institute, High Street

Next Meeting: Monday 23 January 2017 at 7.15pm

Public participation: Come and have your say – 15 minutes, early in meeting

Peter Brunning (Chairman) tel: 891 960 Email: pc@brunning.org.uk

Genevieve Dalton (Clerk) tel: 893 332 Email: clerk@littleabington.clara.co.uk

Hildersham Focus

It's Teatime

Happy New Year! The next Village Tea will take place on Thursday 5 January in the Village Hall from 3pm until 4.30 pm.

Parish Nursing Event



Health and healing were very much part of the ministry of Jesus and of the early church. Monks and Nuns formed our early hospitals, and Florence Nightingale was a theologian as well as a nurse.

In the nineteenth century churches employed deaconesses who originally had to be nurses and often went about in the community in nurse's uniform. This was seen as part of the mission of the church, and today we have the opportunity to engage in that aspect of God's mission more fully.

The evening will include testimony of how churches in the Ely diocese (including our seven churches) have set up and supported a Parish Nurse and opportunity to ask questions of Parish Nursing leadership, parish nurses and churches currently engaged in this amazing ministry.

Hildersham Lectures

The next series of lectures for spring 2017 will have something for everyone. Brian Moore's engaging talk on the history of motor cars and the London to Brighton Veteran Car Run has given rise to the idea that it would be fun to see the film 'Genevieve', the story of a race from Brighton to London made famous by Kenneth Moore and John Gregson. This hilarious classic film will be shown on Friday 27 January.

Other 'proper' lectures on the spring programme include 'Living under the sea: experiences of a Submariner', 'Bring your mystery object' and 'Hildersham Mills past and present'. Dates for these will be confirmed in the next magazine. All lectures take place in Hildersham Church, beginning at 7.30pm. Tickets at the door, £5 including refreshments, U18s free.

Hildersham Parish Council A Quality Parish Council

The next meeting of Hildersham Parish Council will be on Tuesday COUNCIL 10 January 2017 from 7.30pm at Hildersham Village Hall, High Street, Hildersham.

Linton Village College

The advent of a new calendar year brings opportunities for reflection and ambition, two of the core Linton Learner values. For me, the date holds particular significance as it marks a year since I started as Principal of Linton Village College and Executive Principal of the Chilford Hundred Education Trust.

A recent piece of research into leadership styles published in the Harvard Business Review identified five types of head teachers: philosophers, surgeons, accountants, soldiers and architects. Each have their own characteristics; some enact immediate, short-term change, others take a long-term strategic view. I recognise myself as a philosophising architect.

I recall a question posed to me by the student panel at interview: 'What has been your proudest achievement to date?' I expect that they were expecting me to share a specific, impressive accomplishment; my answer was 'lots of little things'.

In my inaugural Marsh Mail, I challenged the notion that effective leadership had to involve bold, resolute change and asserted my intention to maintain what is great about LVC, do more of what works well and reduce less successful elements.

Reflecting on 2016 at LVC and across the Trust, there has been a great deal of refining and re-defining - my first year has definitely been more of an evolution than a revolution.

Our Year 11 students are currently in the process of submitting applications for post-16 study. A key element has been writing personal statements including their motivations, achievements, skills and ambitions for the future. Despite belonging to a selfie generation, many of our young people have found this kind of self-promotion uncomfortable.

2016 was an interesting year in terms of leadership role models for them. While at school we promote the virtues of hard graft and grit, our students have witnessed the power of personality and popularity on the world's stage. Although charisma and entertainment value may encourage a following, let's hope that our young people recognise that substance is more important than style.

John Dunford's four Hs make for a very helpful blueprint for leadership and wider success in life: hope, humanity, humility and humour.

Dates for your Diary

Dates for your Diary				
Date		Venue Abington Institute unless stated	Time	Page
Tue	3	Forget-Me-Not Club	2.00pm	16
		Keep Fit	7.00pm	
Wed	4	Yoga - course and drop in	9.30am	11
		Senior Keep Fit	12 noon	
		Yoga - course and drop in	7.00pm	11
Thu	5	Abington Walking Group	10.00m	16
		Hildersham Tea Time	3.00pm	8
Fri	6	Baby & Toddler Group – Pre-school building	9.30am	12
		Low Impact Aerobics	9.30am	12
		Pilates	10.45am	12
Mon	9	French Conversation	1.00pm	
		Abington & Hildersham WI	7.30pm	15
Tue	10	Art Group	9.30am	
		Keep Fit	7.00pm	
		Hildersham Parish Council – Village Hall	7.30pm	9
		Reading Group – 42 North Road	8.00pm	15
Wed	11	Yoga – course and drop in	9.30am	11
		FGMN Club visit to Morrison's		16
		Senior Keep Fit	12 noon	
		Dynamic Dance Class	3.15pm	11
		Yoga – course and drop in	7.00pm	11
		Partridge Group		12
Fri	13	Baby & Toddler Group – Pre-school building	9.30am	12
		Low Impact Aerobics	9.30am	12
		Pilates	10.45am	12
0 1	4.4	Family Film Night – doors open	6.15pm	12
Sat	14	Scrapbooking	10.00am	11
Mon	16	French Conversation	1.00pm	40
-	47	Great Abington Parish Council	7.15pm	13
Tue	17	Art Group	9.30am	40
		Mobile Library	a.m.	12
		Forget-Me-Not Club	2.00pm	16
\	40	Keep Fit	7.00pm	4.4
Wed	18	Yoga – course and drop in	9.30am	11
		Senior Keep Fit	12 noon	4.4
		Dynamic Dance Class	3.15pm	11
		Yoga – course and drop in	7.00pm	11
		Parish Nurse Event – Hildersham church	7.30pm	8
Cri	20	Partridge Group Paby & Taddler Group Pro school building	8.00pm	12
Fri	20	Baby & Toddler Group – Pre-school building	9.30am	12
		Low Impact Aerobics	9.30am	12
Co+	24	Pilates Abington Walking Group	10.45am	12
Sat	21	Abington Walking Group	10.00am	16
Mon	23	French Conversation	1.00pm	

		Little Abington Parish Council	7.15pm	7
Tue	24	Keep Fit	7.00pm	
		Scrabble Club	7.00pm	15
Wed	25	Yoga – course and drop in	9.30am	11
		Senior Keep Fit	12 noon	
		Dynamic Dance Class	3.15pm	11
		Yoga – course and drop in	7.00pm	11
		Partridge Group	8.00pm	12
Thu	26	Abington Lunch	12.45pm	15
Fri	27	Baby & Toddler Group – Pre-school building	9.30am	12
		Low Impact Aerobics	9.30am	12
		Pilates	10.45am	12
		Film at Hildersham church	7.30pm	8
		Film Night Abington Institute – doors open	6.45pm	12
Sat	28	Rivercare litter pick-up – meet at road bridge/ford	9.30am	
		Family Yoga	10.00am	12
Mon	30	Committee for Abington Housing	6.30pm	
Tue	31	Art Group	9.30am	
		Forget-Me-Not Club	2.00pm	16
		Keep Fit	7.00pm	

For details of contacts please see inside back cover or articles where indicated.

Institute bookings: phone 01223 790 711 or email:

institute@theabingtons.org.uk

Wheelie bin dates for January 2017

Tue 3	Mon 9	Mon 16	Mon 23	Mon 30
Green/Blue	Black	Blue	Black	Green/Blue

Waste and recycling - see also page 18.

Jeremiah's Café in Abington Village Institute Opening times in January 2017

Thursday lunchtimes 11.30am to 1.30pm (12, 19) Lunch 26th

Friday mornings 8.45am to 11.00am from 13th
Saturday mornings 10am to 12 noon from 7th

Contacts for Café – Gaynor Farrant 07817 517 871 or

gaynorfarrant198@btinternet.com

and Gill Smith 892 759 or richardandgill.smith@live.co.uk

Scrapbooking Group – We meet one Saturday of every month and welcome you to take a look any time and ask questions.

Yoga - Wednesdays 9.30am and 7pm at Abington Institute

Contact Joan 890 629 or email joangraham72@gmail.com

Dynamic Dance Theatre School – Wednesdays from 3.15pm

Ballet and modern dance lessons for children from 4 years old at Abington Institute. Contact Esme on 07719 816 548 or esmewatts@hotmail.com

Low Impact Aerobics – Fridays 9.30–10.30am at Abington Institute

Suitable for 50+ or those returning to exercise. Aerobics, toning and stretching. Exercises to raise your heart rate and tone your body; fun and friendly.

Pilates - Fridays 10.45-11.45am at Abington Institute

Pilates exercises will help to alleviate back pain, increase core strength, improve posture and flexibility. Please book for 5 weeks for Low Impact Aerobics and Pilates. Contact Disa Bennett on 07798 754 029 or www.zumbaandpilatescambridge.co.uk

Abington Pre-school Baby and Toddler Group This group runs during term time from the Annexe building at the bottom of the school playground; open on Fridays from 9.30am to 11.30am, for all children aged 0–3 years old. Come along and play. Refreshments provided for children and adults. Contact Natasha 07725 175 917 or email petrovnatasha@yahoo.co.uk

Family Yoga Morning Saturday 28 January 10-11am at Abington Institute

Come and start your day with some stretches, yoga games and fun! Aimed at children of all ages and their parents. Please contact Jeffi for more information on 07931 790 591.

Mobile Library

Tuesday 17 January 2017, times as follows:

Little Abington West Field 10.00–10.30am Great Abington North Road 10.40–11.10am

Magna Close 11.20am–12.10pm

The Shop 12.15–12.35pm

Hildersham Church Green 12.45–1.00pm

(near Village Hall)

Film Nights at Abington Institute

Friday 13 January is Family Film Night. Doors open 6.15pm for 6.30pm film. Film Night is on Friday 27 January. Doors open 6.45pm, film starts at 7.00pm.

Everyone welcome. Raffle and refreshments. See the poster in the Institute for full details.

To receive details of the film by email approx. 2 weeks before a screening subscribe for free to our mailing list using the link at http://www.theabingtons.org.uk or email an enquiry to films@theabingtons.org.uk

Dianne Dawson (893 101)

The Partridge Group 2017

A full and wide ranging series of six talks have been arranged for the 2017 'Season' by the group.

The inaugural meeting is scheduled for Wednesday 11 January 2017 in The Village Institute. (7.30pm for 8pm) Please see details of the programme and speakers on the Abington website www.theabingtons.org.uk/clubs/partridge-group/

(To receive a 'pre-talk' email reminder please contact pjmiles1@excite.com)

Great Abington Parish Council An Active Council

The winter has been mild so far, as the New Year approaches please think about any neighbours who may struggle if the weather turns colder.

Do you have a great idea for the Village?

The Parish Council has a small budget which is used to benefit Great Abington residents. For 2017 we would like to receive suggestions from parishioners, so if you have an idea then please email the Parish Clerk harper802@btinternet.com with the following information. The maximum budget available will be £5,000.

- Your name
- Contact details
- Your idea
- How this will benefit the village

The Parish Council would like to discuss the ideas at its next meeting on 16 January and would welcome anyone who has submitted a suggestion to attend the meeting to bring the idea to life.

Planning

S/31206/LB/ – Mr and Mrs Patterson–Lee, 109 High Street. Replacement of wooden sole plate. Recommended approval

S/3226/16/FL - Mr and Mrs Turner, High Street. Addition of second storey over existing single storey to allow for new bedroom and lift access. Recommended approval.

Great Abington Parish Council Meetings

Held in Abington Village Institute

Bernie Talbot (Chairman) tel: 892 647

Planning Committees: Usually Mondays, as required, 6.30pm. See notice board for dates or contact the parish clerk.

Next Parish Council meeting Monday 16 January 2017, 7.15pm.

There will be an opportunity early in the meeting for members of the public to speak to the council about matters of concern. Agenda and minutes posted on Parish Council notice board located at the entrance to Magna Close or available from the parish clerk.

Jane Bowen (891 137), Paula Harper (Clerk): harper802@btinternet.com (892 000)

AALGA Quiz Night - date for your diary

Please note that the ever-popular Allotment Association Quiz Night is scheduled for 7.30pm on Friday 3 March 2017.

Tickets will go on sale in February 2017.

Village News on the website

To see the *News* before the printed copy reaches you, and to see the pictures in colour, go to www.theabingtons.org.uk/news and follow the link to the pdf file for the month you want.

Revive yourself this January with Cambridge Past, Present and Future (CambridgePPF)

Now is the time to refresh yourself by taking part in a healthy outdoor event with CambridgePPF! This January there are plenty of opportunities to get active and give yourself a much-needed seasonal boost.



Healthy Walking Every Thursday: 10am or 10.30am to 11am

Keep fit and enjoy the outdoors by joining our healthy walkers this January for one of our Walking for Health accredited sociable walks around the park. Meet at the Stable Rooms at 10am for a longer walk or 10.30am for a shorter stroll. The walks end at around 11am with tea and coffee in the Stable Rooms. All welcome, suitable for all abilities.

NB: Free of charge and no need to book, but please arrive 10 minutes early to register if it's your first time. Donations towards the upkeep of the park are always welcome.



Saturdays 14 and 21 January – 11.00am to 3.30pm Conservation volunteer activity – hedge laying.

Join the CambridgePPF team 'laying' a hedge. This will improve its structure and strength making it better for wildlife, improving views across the countryside and stimulating fresh hedge growth. Tools will be provided. Please wear warm waterproof clothing, sturdy footwear and bring a packed lunch. Meet at Wandlebury notice board at the top of the car park. Adults only.

Free event but booking essential as numbers are limited.

Saturdays 28 January and 4 February – 11.00am to 3.30pm Conservation volunteer activity – Coppicing and Coppice products

Join the CambridgePPF team re-coppicing some of our hazel stools at Wandlebury to help increase biodiversity in the woodland. Help sort and cut coppiced branches to learn more about their uses. Hazel poles will be split and wattle hurdles made for use around the park. Stakes and hetherings for our hedge will be cut, as well as bean poles and pea sticks, gleaned from the brash. Tools will be provided. Please wear warm waterproof clothing, sturdy footwear and bring a packed lunch. Meet at Wandlebury notice board at the top of the car



Adults only.

park.

Free event but booking essential as numbers are limited.

Directions: Wandlebury Country Park is on the A1307, 2.5km south of the Addenbrooke's roundabout. Parking is available on site and costs £3 per vehicle, members free.

For more information: email bookings@cambridgeppf.org, call 01223 243830 extension 207 or visit www.cambridgeppf.org/whats-on



Abington LunchThursday 26 January 2017



Fruit Juice

Roast Beef with Yorkshire Pudding & Gravy Roast Potatoes & Parsnips, Winter Vegetables

Cheese Cake with Fruit Compôte

Tea or Coffee

Please book your meal on 07789 585 399. Leave your name and telephone number with your message before noon on Tuesday 24 January. Don't forget to tell us if you need a special diet. Doors open at **12.45pm.** Note that the lunch is open to **ALL** Abington and Hildersham residents. **Only £5.**

Next lunch Thursday 23 February 2016

Abington & Hildersham Women's Institute

A jolly evening with delicious food was enjoyed at our Christmas meal at the Old Red Lion, Horseheath.

I wish all our members a happy and healthy New Year and look forward to seeing you all at our next meeting.

Next meeting Monday 9 January 7.30pm - Famous Cambridge Students by Honor Ridout. Please bring annual membership fee £39.

Visitors (£4) and new members always welcome!

Marilyn Broadhurst (893 214)

Scrabble Club The next meeting will be on Tuesday 24 January at 7pm in the Institute. New members very welcome.

Sheena Fraser

Reading Group

10 January	The Fatal Englishman Sebastian Faulks	Beverley Dennis
14 February	Deaf Sentence David Lodge	Dinah Brooks
14 March	Star Gazing Linda Gillard	Sylvia Gilmour

Please confirm your attendance in January to Beverley.

Lisa Pechey

Forget-Me-Not Club

Our first meeting in 2017 is noticeably early in the month/year. After deliberating about when to start we felt that leaving the first meeting until 10 January was maybe too long for some of our members. We considered it an advantage to get back into routine and meet with our friends again. January can be a bleak month in many ways.

Members who attended Linton Village College Coffee and Carols morning were entertained by the magnificence of the choir and the orchestra, both of which were quite outstanding. The children of Year 9 served us coffee and cared for us all. They were all delightful children. The school is to be congratulated on this service that they give to the surrounding communities each Christmas. Our sincere thanks to Mrs Pullin and all those who took part in this event.

Unfortunately we were unable to attend the annual visit to Cambridge International School this Christmas due to communication problems. We hope to see them next year.

The calendar for 2017 is beginning to take shape with some new and entertaining speakers. Watch this space!

Dates for January

Tuesday 3 January – 2pm - our speaker is Richard Baker who will give a talk on his appearance on Countdown.

Wednesday 11 January – shopping trip to Morrison's supermarket

Tuesday 17 January - 2pm – celebrating one of the UK's favourite tipples, Scotland's alternative to Irn-Bru. Our speaker is Tony Collett.

Tuesday 31 January – 2pm – Waiting for speaker's confirmation

Make 2017 the year you join the Forget-Me-Not Club for fun and friendship.

Anne Hall (Chair) Tel. 892 275

Abington Gardening Club

Happy and Healthy New Year to everyone.

Members are reminded there is no meeting in January. On Monday 6 February Herbal Haven will give a talk on herbs and also bring some plants for sale. All welcome

Kay Harman, Secretary tel: 891 730 email: robandkayharman@gmail.com

Abington Walking Group

The December walk took us to Helions Bumpstead where we not only saw a small herd of deer but also the Thurlow Hunt. December also included our short walk to see how Granta Park is developing and our usual Boxing Day walk to work off the over indulgencies.



The first walks of 2017 will be on Thursday 5 and Saturday 21 January.

The group wish all readers a very happy & healthy 2017.

For further information, please contact:
Robin Harman on 891 730 robandkayharman@gmail.com or
George Woodley on 891 169 georgewoodley@talktalk.net

INR Clinics at Granta Medical Practices: Linton Health Centre

As from the week beginning 9 January 2017 it will no longer be necessary to prebook your appointment for an INR/Warfarin blood test. We will be holding a walk-in clinic every Tuesday morning from 8.15am and 12 noon with a phlebotomist. You will need to book in with reception when you arrive.

We hope our new system will make this easier for everyone.

Carol Thexton (Office Manager)

Concessionary bus pass renewal

The County Council is aware that over the next year the quantity of renewals of the concessionary bus passes is going to be potentially very high. It is the responsibility of the pass holder to check when their pass is up for renewal and then to contact the County Council to get a new one.

In order to aid the pass holder we have set up a new form which allows people to renew easily online at www.cambridgeshire.gov.uk/concessionary. If people have any problems with the online form then they can also call the number on the back of their passes or go to the Passenger Transport Team for help - see contact details below.

We have also produced a poster which is going up on-board buses, at P&R sites and also in libraries, detailing the renewal process and asking pass holders to check when their pass needs renewing.

Should you require any further information on this issue, please do not hesitate to contact us. **Passenger Transport Team**

Phone: 0345 045 0675 Email: passenger.transport@cambridgeshire.gov.uk

Post: Passenger Transport Team, Box SH1013, Castle Court, Shire Hall, Cambridge CB3 0AP

Bulletin from the Cambridgeshire Fire and Rescue Service

Looking for something new to do in 2017?

Cambridgeshire Fire and Rescue Service is looking for volunteers in your area to join our successful Community Champion scheme.

Community Champions encourage local residents to carry out fire safety checks in their homes, visit community groups and educate them about fire safety and escape plans.

We will train you, give you a uniform and provide you with a wide range of activities to choose from, all of which will help to keep our communities safe from risk of fire.

No previous qualifications or specific skills are needed to become a Community Champion as CFRS is always seeking people from diverse backgrounds. The scheme is run by the charity Groundwork on behalf of CFRS.

To find out more about the Community Champion scheme contact Kate Dean on 01480 587 140 or 07736 132 870 or email Katie.dean@groundwork.org.uk

Don't forget to make a New Year Resolution to test your smoke alarm, and that of your elderly relatives, once a month by pressing the 'test' button on the device. To find out if you are eligible for a free home fire safety check please visit our website www.cambsfire.gov.uk

Waste and Recycling

Bin collection dates for January are on page 11.

Reminder as to what goes where!

Blue Bin – use for dry recyclables, including Christmas cards and wrapping paper.

Paper caddy – for paper, junk mail, newspapers and magazines, catalogues, telephone directories, envelopes, shredded paper (put in old envelopes)

Batteries – to be put in a clear plastic bag and attached to the blue bin handle

Excess blue bin waste will be collected if placed alongside the blue bin in a returnable container or cardboard box.

Green bin – for garden waste, cooked or uncooked food (wrapped in paper), kitchen paper and tissues. Cut up Christmas trees.

Black bin – for non-recyclable/non-compostable material.

To minimise use of black bin please recycle as much as possible and allowable and also consider whether items can be donated to charity.

For more information see South Cambs. magazine or visit www.scambs.gov.uk/bins Valerie Silvey

Orphaned or Injured Wildlife? What to do!

Have you ever come across an orphaned or injured animal and not known what to do? Perhaps you've phoned the RSPCA and they were unable to help, or perhaps you were too scared to pick it up and take it to a vet.

Natalie Spencer is an associate member of the British Wildlife Rehabilitation Council and has more than 25 years' hands-on experience working with many different species all around the world. So if you find a troubled hedgehog, fox, badger, deer, rodent, reptile, bat or one of our many wonderful bird species, then please call Natalie. She can offer advice over the phone or collect the animal for rehabilitation.

Feel free to add her number to your mobile phone so that you have it handy in case you come across an animal in need when you're out and about.

Natalie Spencer: (call 891 426 or 07796 102 690)

Healthwatch UK

Healthwatch Cambridgeshire is your health and social care champion. It is our job to make sure you are listened to when important decisions are made about our local health and care services. We listen to local people to find out what is working well within our local health and care services and what needs to be better. We log what people tell us, and share this anonymously with the organisations that make decisions about our care.

We have statutory powers and can challenge health and care decision makers if care isn't working as it should, and they have to reply.

We are part of a national network, Healthwatch UK, and have direct links with regulatory bodies like the Care and Quality Commission and Monitor.

For more information please contact enquiries@healthwatchcambridgeshire.co.uk

Village organisations

Name	Contact	Phone Number
Abington Institute – Chairman	Bernie Talbot	892 647
Abington Institute – Bookings	Dianne Dawson	790 711
Abington and Hildersham WI	Marilyn Broadhurst	893 214
Abington Allotment Ass.(AALGA)	Richard Smith	892 759
Abington Gardening Club	Kay Harman	891 730
Abington History Group	Jennifer Hirsh	893 352
The Abington Group (Ladies)	Freda Orgee	891 464
Forget-Me-Not Club	Anne Hall	892 275
Helping Hands	Helen Pimblett	891 746
Art Group	Jennifer Hirsh	893 352
French Conversation	Rachel Haining/	892 004
Trenen conversation	Judy Davies	890 286
Italian	Rachel Haining	892 004
Naturewatch	David Farrant	892 871
Reading Group	Lisa Pechey	894 993
Scrabble Club	Sheena Fraser	893 336
Abington Walking Group	Robin Harman,	891 730
Abiligion Walking Group	George Woodley	891 169
Baby and Family Yoga	Jeffi Humphris	07931 790 591
Yoga	Joan Graham	890 629
Sport and Youth Activities	Joan Granam	030 023
Abington Cricket Club	Seniors – David Pimblett	891 746
Tomigrom official office	Juniors – Kate Franklin	891 344
Abington United Football Club	Denis Tiplady	290 646
Abington Aztecs (Football)	Malcolm Peters	07860 863 723
Abington Bowls Club	Ian Haylock	892 628
Abington Social Club	Christine Hammond	891 777
, ionigion decial ciae	Alison Tomlin	07795 174 419
Keep Fit	Gill Dowden	893 533
Abington Out-of-School (GAPS)	Georgi Blyth	07851 933 451
Abington School PTFA (Chair)	Iain Sainsbury	891 741
Abington Pre-school (all day)	Angela Lindsay	07974 051 871
Abington Preschool Committee	Rachel Clay (Chairperson)	890 432
Abington Scouts	Carl Spicer	837 289
Abington Cubs	Arwen Spicer	837 289
Abington Beavers	Kate Scoffings	894 743
Linton Netball Club	Bridget Savill	07972 598 668
	Angela Bridgeman	07729 879 300

Church Services for January 2017

DATE	Gt. Abington	Lt. Abington	Hildersham	Readings
1 January	10am UNITED	SERVICE	AT	BALSHAM
8 January		8.00am Communion	9.15am Communion	Isaiah 60.1-6 Matthew 2.1-12
15 January	9.15am Communion		4.00pm Café Church	Isaiah 49.1-7 John 1.29-42
22 January	10.45am Communion		9.15am Communion – Prayer Book	Isaiah 9.1-4 Matthew 4.12-23
29 January		10.00am United Communion		I Kings 17.8-16 John 2.1-11

Church Flower Rota

	Great Abington	Little Abington	Hildersham
1 January	Anne Hall	Sally Turnidge	Kirsten Newble
8 January		Mary Miles and	Kate Huntsman
15 January	and	Sylvia Gilmour	Kate Huntsman
22 January	Patsy Randall	Judy Davies	Jenny Logan
29 January		Judy Davies	Jenny Logan

Churchwardens

Hildersham	Cathy Myer	'Woodside', Hildersham	892848
Tilidersriairi	Andrew Westwood-Bate	5 Sleford Close, Balsham	892430
Great Abington	Tony Collett	23 Meadow Walk, Great Abington	893447
Little Abington	Graham Ross	41 Church Lane, Little Abington	891564

Assistant Church Wardens

Great Abington	Anne Hall	12 Magna Close, Great Abington	892275
	Patsy Randall	77 High Street, Great Abington	07765 345 714
List Ali	Mary Miles	36 Church Lane, Little Abington	891083
Little Abington	Marilyn Broadhurst	34 West Field, Little Abington	893214

Parish Nurse

	Not 24 hrs, please leave a message if no	07498
Claire Gillett	reply - Claire will respond when next on duty.	994205